

FREESTYLE WRESTLING CLINIC

FEATURING REECE HUMPHREY

**AUGUST 19TH & 20TH
AT COLONY HS**

**Register and Pay at:
www.colonywrestling.com**



COACHING AND COMPETITION

- Co-Head Coach, San Marino HS
- Assistant Coach, Titan Mercury Club
- Three-Time World Team Member
- NCAA Division I Finalist
- Two-Time NCAA DI All-American
- Three-Time US Open Champion

TECHNIQUES COVERED

- Duck Unders
- Upper Body Throws
- Low Single and High Crotch
- Gut Wrench and Leg Laces

Saturday, August 19th and Sunday, August 20th

Sessions: 10:00 to Noon and 1:00 to 3:00

Open to the first 30 6-12 grade wrestlers to pay for the clinic.

Only \$150 per wrestler

Contact:

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