

Knights Wrestling Booster Club Hosts The Lil' Grapplers Wrestling Camp

WHO: ALL students in grades K-8

DATES: October 7, 8, 9, 10

TIME: 6:00-7:45 p.m.

WHERE: Colony High School — Small Gym

COST: \$50.00

*Free t-shirt included for each participant

This is a Four-day camp including:

- *Introduction to Wrestling* for beginning wrestlers
- *Advanced Wrestling Techniques* for experienced wrestlers
- Coached by the current Colony High wrestling staff and athletes— the **6-time ASAA State Championship Team!**
- Registration^{***} tables will be available each evening

***** Must show proof of insurance at time of registration**



Contact Coach Hopkins at 907-861-5407 or todd.hopkins@matsuk12.us

The Fee can be paid and the Registration forms can be downloaded at

www.colonywrestling.com