



2016 Clinicians

Wrestling Clinic

Hosted at Colony High School

Sessions:

April 22nd 6pm-8pm

April 23-24th 12:00-2:00 3:00-5:00

Bring your own snack for between sessions..

Cost: \$100

Pay and Register at:

www.colonywrestling.com

Intermediate-Open age groups

“Open to the first 100 registrants only”

CONTACT:

Todd Hopkins @ 907-715-8633

5 Session Intensive Wrestling Clinic

Choose Courage over comfort and come join one of the most renowned and respected coaches in Wrestling

Will focus on Mental Toughness and creating a unique style.

Camp Benefits:

Learn essential wrestling skills, technique, mental preparation, how to compete at your highest level and experience top level training.

This camp will emphasize the finer points of wrestling techniques and help create a unique style and development mental toughness for each wrestler.



Andy Bisek

- 2016 Olympic Trials Champion
- 2015-16 Team USA Ranking: No. 1 at 75 kg/165 lbs
- Years on Team USA: (2010-12, 2013-16)
- 2014 and 2015: Bronze in Greco World Championships



Robby Smith

- 2016 Olympic Trials Champion
- 2015-16 Team USA Ranking: No. 1 at 130 kg/286 lbs
- Years on Team USA: (2010-11, 2012-16)
- 2013 and 2015: 5th in Greco World Championships